

# The Gateway



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## THIS TUESDAY:

Somchand Parikh Award  
for Best Teacher to  
Mr. Ajit Bhoir & Past Trustee  
Gulam A Vahanvaty on  
expanding Rotary's  
reach through peace  
education.

## COMING UP

September 4<sup>th</sup>, 2024

Installation ceremony  
of RC Atlas, at 4 pm,  
at Atlas SkillTech  
University.

September 10<sup>th</sup>, 2024

Tuesday meeting:  
Ms. Anupama Chopra,  
film critic, National  
Award-winning book  
author and journalist,  
in conversation with  
Rtn. Priya Tanna.

September 17<sup>th</sup>, 2024

No Tuesday meeting.

September 24<sup>th</sup>, 2024

Tuesday meeting: PP  
Dr. Mukesh Batra & Dr.  
Akshay Batra.

*"In cricket,  
as in life, you  
need to have a  
game plan and  
execute it with  
determination."  
- Rahul Dravid*

## Irfan Pathan, former India team cricketer, Indian cricket commentator and analyst in conversation with renowned Indian sports writer and journalist Ayaz Memon



**AYAZ MEMON:** The Indian cricket dressing room is a microcosm of Indian life, with people from all sections of society, denominations, classes, castes, and creeds. But what is it really like inside the Indian dressing room?

**IRFAN PATHAN:** You're asking about the dressing room atmosphere, right? It's an incredible place. Let me share a short story from my debut match in Adelaide in 2003. I was fortunate to share that space with the legendary Sachin Tendulkar, not just for that match but for nearly 10 years. And I'm lucky to actually have a kind of relationship now after cricket. Actually our relationship got even better because we played Legends League cricket together. Now we live only a few kilometres apart. So, I feel great privilege to actually have that kind of relationship and rapport with the great Sachin Tendulkar.

But when I played that first game in Adelaide, we won that game after 21 years in Australia. For 21 years, we had not won a game in Australia. So, it was a huge thing. I only took one wicket: Matthew Hayden. The second wicket would have been Ricky Ponting; he was batting on 9 or 10, and I was bowling an outswinger. I had made a plan perfectly but Sehwag dropped the catch and Ponting scored 200. But the way we came back in Ajit Agarkar's special, marvellous spell, when he got six wickets. Rahul Dravid's scored runs, VVS Laxman scored runs. In that particular game, the way we came back and won the game, I only got one wicket but I used to think we won it because of me. Because I'm lucky. So I used to feel very proud. My first game, India won.

So, after winning the game, I was just going back to the dressing room in Adelaide. I was so happy. I was just taking the whole atmosphere in. Zaheer, who knew me well from our time playing cricket together in Baroda, was aware that I didn't drink. So, Zaheer said to other cricketers, "Let's open



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a champagne bottle and celebrate this victory.” I got very scared. I thought Zaheer was telling everyone that I didn’t drink but I would have to, as part of the celebration. I was 19 years old, very young. At 19, you are usually studying and away from what is happening in the world. So I went out of the dressing room and hid in a corner. I was like, I’ll not drink alcohol, very rigid in my head. And I was very scared as well. This was the Indian dressing room. What will Sachin Tendulkar think? What will Rahul Dravid think? What will Sourav Ganguly think? I was scared. Suddenly, a voice came. It was Sachin Tendulkar. Sachin *paaji* came to me. Everyone was looking, so Sachin *paaji* knew that I was standing in the corner outside the dressing room. He called me. I said, “Yes, *paaji*.” He said, “Are just trying to show that you don’t drink or you have a belief and that’s why you don’t drink?” I said it was something I followed. So he said, “Okay.” He put his hand on my shoulder and he said, “No one’s going to touch you. You stay in the dressing room and celebrate with us. You’re not going to drink and no one’s going to force you to drink.”

That’s the kind of value system we have in our dressing room. And I was like, wow. I went into the dressing room and suddenly from my first game I felt like this is my dressing room. You know, I’m part of this family. And that family stayed as long as I played for Indian cricket. Luckily, we had those kinds of characters in our dressing room. We had a lot of funny guys as well, like Yuvraj Singh, Harbhajan Singh, who could even play pranks on the Captain. And we had quite a few simple guys like VVS Laxman who used to take naps before going to the ground. We used to call him Sai Baba. He was such a simple guy. He used to take a shower before going to bat. And coming back also he used to take a shower.

We had guys like Rahul Dravid, who advised us on how to be

good humans as well. I remember it was during my first series in Australia, the One Day cricket in Melbourne, and I was having an ice bath. He came to speak to me when he saw no one was around. Apparently he had wanted to speak to me for quite a few days. With that curly hair and as a 19-year-old boy, I suddenly had a lot of female fan following and Rahul Dravid had noticed that. The series was about to end, and he said, “Irfan, how is it going?” I said, “Yeah, everything is fine.” He said, “I have one piece of advice for you.” I said, “Yes, Rahul *bhai*, please.” He said, “*kabhi kisi ladki ko jhooth mat bolna.*” I don’t know where it is going, right? I was like, “What are you trying to say?” He said, “No, no, no. I just want to say, whatever you do in your life, you’ll have a journey ahead. You will become a really successful cricketer. You’ll achieve a lot many things as well. Hopefully going forward, you might even win the World Cup, but never lie to any female.” And he left. Now it left me thinking, took me a while to understand what he was saying – no matter what you do, never lie. So that actually stuck with me for a long period of time. So we had different kinds of characters and I was so lucky that I had those kinds of seniors who taught me not just how to be a really good cricketer, but at least try to be a good human being. That is the most important thing.

**So I thought this was very important to understand what is the flavour of the Indian dressing room. We all are cricket followers.**

And one last thing. *Aisa nahi tha ki fights nahi thhey.* There were fights, arguments and everything, but when it came to playing for India, we were just crazy. We were one. You know, no matter where we came from, North, South, Central, East, West, it didn’t matter. We fought together. I remember having a fight with one of the seniors, probably in the dressing room, and the next day, he was actually diving around on my bowling, and he had a brilliant catch in one of the games as well. So we were crazy when it came to playing for India.

#### ROTARIANS ASK

**You played under various captains... of the four, Sourav Ganguly, MS Dhoni, Rohit Sharma, and of course, before that, Virat Kohli – who do you rate the best?**

Unfortunately, I didn’t play under Virat Kohli’s captaincy. Unfortunately, I didn’t play under Rohit Sharma’s captaincy. And I regret that. Because I really believe that both the captains had different traits. I’ve seen Virat fighting for his players like crazy. He backed his players. He went out on social media, in front of the press. And he said, OK, I’m going to back this guy. No matter whatever you want to do, you do it. Rohit Sharma is the same. He’s got a heart. He values bowlers. And actually, I’ve always said that in my commentary as well. Rohit Sharma is the bowler’s captain. Being a batsman, also, he understands the value and the pain of the bowlers, which is very important. And that is why he’s been able to be so successful in IPL with the Indian team as well. Imagine if he had WTC under his name. Imagine he had a 50 over World Cup under his name. He would have been as great as Mahendra Singh Dhoni as far as the captaincy is concerned. And now, talking about the leader’s name you took, *pehla pyaar apko pata hai na? Pehla pyaar special hota hai.* So my *pehla pyaar*, *pehla captain* is Sourav Ganguly. So, he’s always going to be special.



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OF THE TALK**

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# PRESIDENT'S MONTHLY MUSINGS

## Dear Friends

Another month has whizzed by and our club goes about its work with the same zeal and fervour. We continued to have fantastic speakers in August as well, as a result of which, each weekly meeting saw more than 105 participants. The Programme Committee and the Awards Committee have been doing a superlative job of arranging some topnotch speakers and awardees.

We began the month with Romila Nijhawan of Nuvama Private, sharing her insights on the Budget and its impact on our investments. Then we had an emotionally charged meeting with a panel of Army, Navy and Air Force veterans sharing their adventures and expertly moderated by renowned commentator Milind Wagle. We also conferred the Ramkrishna Bajaj Award for Good Governance upon our member, Puneet Chhatwal, who has taken the Taj group to newer heights at a blistering pace. We ended August with an action-packed meeting, where we had former Indian cricketer-turned analyst Irfan Pathan in conversation with renowned sports journalist Ayaz Memon.

I had the opportunity to spend some time with the elders of our Ananda Yaan project at Byculla and celebrate Friendship Day with them along with our fellow rotarians. It was a fun filled evening and the energy of the elders was infectious.

We also had a wonderful visit to the Chhatrapati Shivaji Maharaj Terminus organised by the Heritage, Art and Culture Committee. This tour gave us some interesting trivia and insights into our beloved CSMT station and allowed us to view its grandeur from a completely different perspective.

This was followed by our annual Parsi Nite at the Albless Baug. It was a lovely fellowship with a great turnout of members and partners. We sang and danced before settling down for a sumptuous meal by Tanaz Godiwala. The Saas ni Machhi was to die for!

On 14th August, I attended the Independence Day assembly of the Lighthouse children, where I was joined by Naveena and Samaksh. It was such a joy to witness the confidence and enthusiasm of the Lighthouse kids. I was also particularly pleased to see the gen-next of our Rotarians enthusiastically participating in the activities.

All this while, we also had a separate team working diligently for our fundraiser 'Dil-Se', which was held at the NCPA on 29th August. It was a near sell-out event. Ustad Shujaat Husain Khan did not disappoint. His fingers appeared to be dancing on the sitar and producing some beautiful melodies. It was truly a night to remember! We followed that up with an exclusive dinner at the Trident Rooftop, which again was a very well attended after



party. We have been able to raise as well as get commitments for a good amount of money, which will be used towards the various projects of our club.

We have many more exciting things coming up, with interesting speakers, fellowships and experiences. We have also restructured our lunch menus in discussion with the Taj. Our Past President Shernaz Vakil has taken keen interest in lending a helping hand and curated some delicious menus. I request you all to come and try out the lunch on Tuesdays and give us your honest feedback.

I urge all of you to stay involved and engaged with the club to derive maximum satisfaction and enjoy Rotary.

See you at the next meeting on 3rd September.

**Yours in Rotary,**  
**Satyan Israni**



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## TUESDAY MEETINGS AT ROTARY CLUB OF BOMBAY



Ayaz Memon, Rtn. Rina Deora,  
and Rtn. Renu Basu



IPP Manoj Patodia, PP Preeti Mehta, Rtn.  
Ptn. Malti Jain, President Satyan Israni and  
Rtn. Mehul Sampat



President Satyan, Rtn. Farhat Jamal, PDG Sandip  
Agarwala and speaker Irfan Pathan



PP Nirav Shah and  
Rtn. Ptn. Malti Jain



Rotarians IPP Manoj Patodia, PP Dr. Mukesh Batra and  
President Satyan



Speaker Irfan Pathan and Rtn. Vita Dani



President Satyan wishes Rtn. Rajas Doshi  
for his birthday



PDG Sandip Agarwala asks a question



Rotarians Uday Sanghani, Mudit Jain and  
Suresh Agarwal





# LIGHTHOUSE CELEBRATES RADHA-KRISHNA



The children of the Lighthouse Project marked Janmashtami with spirited celebrations. Senior KG children, dressed as Krishna and Radha in traditional attire, charmed everyone with their adorable appearances. They enjoyed a captivating



narration of Krishna's birth and engaged in colouring pictures of Krishna and the matki.

Students from classes 3 to 5 delved into an engaging story titled "Photocopies of



Krishna," followed by a lively quiz that tested their knowledge and enthusiasm. The event concluded with all the children participating in an aarti and savouring sweets, generously provided by Ms. Manisha Ahuja.

## *Dahi-handi brings joy to BY kids at GK Marg*

Students at Bhavishya Yaan GK Marg School marked Janmashtami with great enthusiasm, participating in a series of events to honour the birth of Lord Krishna. The celebrations began with speeches highlighting the significance of Janmashtami, focusing on the teachings and values of Lord Krishna.

Dressed as Radha and Krishna, students captured the divine essence of the occasion. A group dance, featuring students in these traditional roles, was a key highlight, showcasing their joy and devotion through vibrant performances.

The excitement peaked with the "Dahi Handi" ritual, where students formed a human pyramid to break the pot, symbolising one of Krishna's playful activities. The event displayed impressive teamwork and coordination, providing a thrilling spectacle for all in attendance.

The Janmashtami celebration at GK School was a harmonious blend of devotion, culture, and entertainment, offering students a meaningful connection to their heritage.







# Strings of hope: Rotary's 'Dil Se' hits the right note for charity

The Rotary Club of Bombay's much-anticipated fundraiser, 'Dil Se', featuring the renowned Ustad Shujaat Husain Khan, was an evening to remember. Held at the prestigious NCPA on August 29<sup>th</sup>, the event brought together distinguished guests, friends, well-wishers, and fellow Rotarians, all united by a shared commitment to community service.

The concert lived up to its name, with Ustad Shujaat Husain Khan delivering a mesmerising performance that truly came from the heart. His soulful music resonated deeply with the audience, creating an atmosphere of warmth and unity. The event was not just an evening of musical delight but also a powerful testament to the Rotary Club of Bombay's unwavering dedication to making a positive impact in the lives of those in need.

The proceeds from the concert will go towards the club's ongoing humanitarian projects, which include disaster relief, education, healthcare, and environmental conservation. These efforts have been exemplified recently by the club's swift response to the landslides in Wayanad, Kerala, where 150 shelter kits were provided directly to the disaster-affected individuals through on-ground partners.

The success of the 'Dil Se' fundraiser is a reflection of the Rotary Club of Bombay's long-standing tradition of service and the collective effort of its members. President Satyan Israni, in his speech,

expressed heartfelt gratitude to Ustad Shujaat Husain Khan, the sponsors — Phillips Capital and Bajaj Beyond, and the donors and advertisers who supported the event. He also acknowledged the exceptional team led by Rtn. Akhil Sanghi, along with a star-studded team comprising PDG Sandip Agarwalla, PP Vijay Jatia, PP Vineet Bhatnagar, PE Bimal Mehta, and Rotarians Rhea Bhumgara, Albert Almeida, Rina Deora, Renu Basu, Khurshed Poonawala, Mihir Mody, Gautam Doshi, Anar Shah, Swati Mayekar, Rtn. Ptn. Malti Jain, and the Rotary office team led by Rashmi Kotian, along with the Club's Project Director Tanvi Golatkar.



Following the concert, the evening continued with an after-party at the Trident Rooftop where guests and members alike relaxed and enjoyed a lively celebration. The after-party was filled with camaraderie, laughter, and music, as everyone came together to celebrate the success of the event and the shared purpose of service to the community. It was an evening that not only showcased the club's commitment to humanitarian causes but also strengthened the bonds of friendship among its members and supporters.

Overall, 'Dil Se' was a resounding success, both in terms of fundraising and community engagement. The Rotary Club of Bombay once again demonstrated the power of unity, compassion, and action in making a tangible difference in the world.





# सामना

## भूस्खलन प्रभावित लोगों के लिए कार्यक्रम

मुंबई। रोटरी क्लब ऑफ बॉम्बे ने वायनाड भूस्खलन प्रभावित लोगों और अन्य धर्मार्थ प्रयासों के लिए धन जुटाने के लिए सितार वादक उस्ताद शुजात हुसैन खान के साथ संगीत कार्यक्रम आयोजित किया है। यह संगीत कार्यक्रम २९ अगस्त, को शाम ६.३० बजे एनसीपीए मुंबई में आयोजित किया जाएगा। कॉन्सर्ट से प्राप्त आय सीधे रोटरी क्लब ऑफ



# नवराष्ट्र

## सितारवादक शुजात हुसैन खान यांची मैफल

२९ ऑगस्ट कार्यक्रम • सामाजिक निष्ठे संकलनासाठी 'रोटरी क्लब ऑफ बॉम्बे' ने केले आह्वान

अजय कृष्ण अरुण, मुंबई। रोटरी क्लब ऑफ बॉम्बे ने वायनाड भूस्खलन प्रभावित लोगों और अन्य धर्मार्थ प्रयासों के लिए धन जुटाने के लिए सितार वादक उस्ताद शुजात हुसैन खान के साथ संगीत कार्यक्रम आयोजित किया है। यह संगीत कार्यक्रम २९ अगस्त, को शाम ६.३० बजे एनसीपीए मुंबई में आयोजित किया जाएगा। कॉन्सर्ट से प्राप्त आय सीधे रोटरी क्लब ऑफ



# 01 Musical Night

The Rotary Club of Bombay is thrilled to announce a mesmerizing evening of classical music featuring the legendary sitar maestro, Ustad Shujaat Husain Khan. The concert, scheduled for 29th August, 2024 at 6.30pm at NCPA, Mumbai, aims to raise vital funds for the club's charitable initiatives, including the "relief efforts for the Wayanad Landslide Disaster." Renowned globally





# Lighthouse hosts Taekwondo colour belt test

The Rotary Club of Bombay introduced taekwondo at our Lighthouse Project five years ago, offering children their first exposure to this dynamic sport. It was heartening to see that both girls and boys showed equal enthusiasm and interest. While all students benefit from learning Taekwondo, a few have truly excelled. Recently, five such dedicated students took their colour belt test at the Lighthouse hall.

The Colour Belt Test was conducted under the supervision of Master Sunita Mane, Treasurer of the Mumbai District Taekwondo Association. A 5<sup>th</sup> Degree Black Belt with nearly 25 years of martial arts experience, Master Mane is also an RSP Officer under Maharashtra.

The colour belt grading test is a crucial step for students to advance in Taekwondo. We are proud to announce that all five students passed the test and have now earned their yellow belts.



### મોડર્ન યુગનાં મીરાંબાઈ : દરેક સ્વરમાં તેમના નામનું રટણ કરે છે

મીરાંબાઈ કે નરસિંહ મહતા જેવી ભક્તિ આજના મોડર્ન યુગનાં શ્રેષ્ઠ કવિ થઈ શકે નહીં, પણ જો તેમ સાંધે મુંબઈમાં પ્રાચીન કેળવણી હોય તો આ વાત ખોટી સાબિત થાય. તેમના દરેક રાગમાં, ગીતમાં અને સંઘીતમાં તેમને કુશળી અનુભૂતિ થાય વિના હોઈ નહીં. ભવસાગર કમીશિયન ડિઝાઇનર પુર્વીઆનંદ કુશળગીતી ગાય છે અને કમ્પોઝ કરે છે. કુશળ સાથે તેમનો જન્મજન્મનો સંબંધ છે એમ જણાવતા પુર્વીઆનંદ કો છે, 'કુશળ મારા દરેક સ્વાસ્થ્ય છે અને તે જ મારા આત્મા છે. હું સવારે ઉઠું ત્યારથી તેમના સ્મરણ સાથે મારા દિવસની શરૂઆત થાય છે અને તેમની ખુશ સાથે મારા દિવસનો અંત થાય છે. મારા રિપાઝના દરેક સ્વરમાં અને દરેક સુરમાં હું તેમના નામનું રટણ કરું છું.'

મીરાંબાઈને પોતાના આરંભ માળમાં પુર્વીઆનંદ કો છે, 'નાનવણમાં મારો ઉછેર ભક્તિમય વાતાવરણ થયો હતો. અમારો ભવવદ્ગીતાના પાઠ થાય. મારા પિતા રોજ સવારે મીરાંબાઈના ભજનો સંભાળે અને હું એમાં તરબીયત થતી. મીરાંબાઈની મારા જીવનની પર ઊંચી અક્કર રહી છે. તેમના જીવન પ્રસંગે સાંભળીને હું મારી જાતને તેમની જેમ વિચારવું શરૂ કરતી. તેમના શબ્દો, ભક્તિ, તેમની પ્રેમ અને તેમના કુશળ પ્રત્યેક સમયે મને મનમુગ્ધ કરી દેતી હતી. મારા મમ્મી ઉપા પાદેય શ્રીકુશળી દેગણીમાં મારાંર હતા. આ કાળ તેમણે મને અને મેં મારી ટીકરી અભિનય વારસામાં આપી છે. દિવાળીમાં અને સાથે મમ્મીને ૧૫ દિવસ સુધી કુશળીદાની દેગણી અવાવીએ છીએ. દેગણી કરાચે-કરોડી જીવન ગણગણાવતી મને આદત હતી. મારા પરિવારે મારા આ શોખને વધાર આપી અને મેં સંઘીત અને નુસની તબીયત લેવાની શરૂઆત કરી. મારા ગુરુઓ (મજરી તુલુ, રત્ન. શ્યામ ગોપટે અને પુરુષોત્તમ ઉપાધ્યાયજી) મને કમ્પોઝિશન કરતાં પણ શીખવ્યું અને આમ કવિતા અને ગીતો લખવાની મારી જન્મી શરૂ થઈ.'

પુર્વી આનંદ

Lauded by the press for her recent rendition of Krishna bhajans on Janmashtami, Rtn. Ptn. Purvi Anand embodies the spirit of Mirabai in modern times. A graphic designer by profession, her true passion lies in singing and composing Krishna songs, a devotion deeply rooted in her soul and family traditions.



## BY NMJ MARKS 78<sup>TH</sup> I-DAY

Bhavishya Yaan at NMJ Marg celebrated India's 78<sup>th</sup> Independence Day on August 15<sup>th</sup>, 2024, with fervent patriotism. The day began at 8 am with a flag hoisting ceremony led by a Mumbai police officer, joined by the school principal, teachers, students, and parents.

The National Anthem and patriotic songs set the tone, followed by speeches from primary and secondary students. Class-wise dances added a vibrant touch to the celebrations.

A standout moment was the English skits by 9th standard students of Bhavishya Yaan, depicting the Dandi March and Bhagat Singh's valour, highlighting India's Independence struggle. Younger students shared their joy of the occasion, while others discussed India's post-Independence progress and future vision. The event concluded with an energetic finale dance.

The performances were lauded by the Principal and police officers, with primary students receiving a cash award. The day ended with closing remarks from a student and the Principal.



# J.J. Interact hosts Installation Ceremony



The Interact Club of Sir J.J. Girls' High School held its Installation ceremony on August 22<sup>nd</sup>, 2024, graced by the presence of esteemed chief guests, including Rtn. Mudit Jain, Mrs. Kunti Oza, and other members of the Rotary Club of Bombay. The event was also attended by Rotary Coordinator Mr. Tejas Pawar, who added to the occasion's significance.

The highlight of the ceremony was the installation of the new office bearers, who received their badges from chief guest Mrs. Kunti Oza. The newly appointed leaders took an oath, pledging to serve with integrity and dedication. To celebrate, the Interactors performed a traditional Maharashtrian folk dance, adding a touch of cultural vibrancy to the event.

Rtn. Mudit delivered an inspiring speech, expressing his gratitude towards the school and encouraging the Interactors with stories from his own school days. Principal Ms. Abbas and Teacher-in-charge Ms. Waheeda also shared motivational words, further uplifting the spirits of the students.

The ceremony concluded with a vote of thanks, followed by refreshments and lively discussions, making it a memorable day for all attendees.







## RC SYDENHAM HOSTS SESSION ON ADDICTION PREVENTION

On August 23<sup>rd</sup>, 2024, the Rotaract Club of Sydenham College organised an insightful session on substance abuse led by Dr. Nilam Gada, Immediate Past President of the Rotary Club Addiction Prevention and Chair for Addiction Prevention & Mental Health at the Rotary Club of Bombay Avenue. Titled "Deduction from Addiction," the session commenced with a welcome by Rtr. Suyash Save, President of the Rotaract Club, who honoured Dr. Gada with a tulsi plant as a token of appreciation. Attendees, including Rotaract members and students, were keen to learn about the critical issue of substance abuse.

Dr. Gada's session began with an engaging quiz, using a real-time scoreboard that immediately captured the audience's attention. This interactive approach effectively debunked common myths about substance abuse, making the session both informative and eye-opening.

Throughout the session, students actively participated, posing questions and sharing their views on specific drugs. Dr. Gada addressed these queries with clarity, dispelling misconceptions and providing accurate information on the effects of various substances, including depressants, stimulants, and hallucinogens.

The session was not only educational but potentially life-changing, as it encouraged attendees to reconsider or abstain from substance use. The event concluded with enthusiastic applause, signalling the audience's appreciation for Dr. Gada's invaluable insights.

The Rotaract Club of Sydenham College extends its gratitude to Dr. Nilam Gada and the Rotary Club of Bombay for delivering such a meaningful and impactful session.



## *Kitchen remedies and yoga mudras for Byculla seniors*



On August 29<sup>th</sup>, 2024, Dr. Jayshree, a distinguished expert with a PhD in Yoga and Naturopathy, and a 2nd-degree black belt, captivated the senior citizens at the Byculla Centre of Ananda Yaan. Known for her accolades, including the Indian Icon 2022 award, Dr. Jayshree delivered a one-hour presentation on Kitchen Pharmacy and Yoga Mudras for health and medical emergencies.

During her session, she shared practical home remedies for common ailments and demonstrated the use of yoga mudras to enhance overall well-being. The presentation was followed by an engaging Q&A session, where participants expressed a keen interest in the topics discussed. Many requested a booklet on the mudras for easy reference and expressed a desire for more such informative sessions.

The event was widely appreciated, with attendees finding the knowledge shared not only valuable but also deserving of being replicated in Byculla and other centres.





# ROTARY CLUB OF BOMBAY DIALYSIS CENTRES

Sr.No.	Centre / Location	Address	No. of Machines	Charges for Poor Patients
1	Aastha Hospital, Manor	First Floor, Rais Arcade, Palghar-Wada Road, Manor District Palghar 401403	3	Free
2	Platinum Hospital, Mulund	Neptune Colorscape, Dumping Rd, Siddharth Nagar, Mulund West, Mumbai 400080	2	Free
3	Sukh Sagar Hospital, Dahisar (Rotary Dialysis Centre)	Lokmanya Tilak Rd, Mhatre Wadi, Dahisar West, Mumbai 400068	2	800
4	Shatabdi Hospital, Govandi (Rehbar Foundation)	Rehbar Foundation Malik Rakia Khatoon Dialysis Centre, 1st Flr. Shatabdi Hospital, Centenary Building, WTP Marg, Deonar, Govandi East, Mumbai 400088	3	Free
5	Shatabdi Hospital, Kandivali	Swami Vivekananda Rd, Kandivali, Fateh Baug, Kandivali West, Mumbai 400067	2	Free
6	Samarpan Dialysis & Thalassaemia Centre, Ghatkopar	Aaradhya Edu-Health Centre, , H-wing, 3rd Flr., Aaradya One Earth, Naidu Colony, Pant Nagar, Ghatkopar East, Mumbai 400077	14	300
7	Lifeline Medicare Hospital, Charkop	Near Rustonjee Meridian, Charkop Gaon / Village, Kandivali West, Mumbai, 400067	15	300
8	Dr. M.L. Dhawale Memorial Trust Hospital, Palghar	Boisar Rd, Opp. S.T Workshop, Industrial Co-Op Estate, Palghar 401404	2	250
9	K.J. Somaiya Hospital & Research Centre, Sion, Mumbai	Somaiya Ayurvihar, Eastern Express Hwy, Sion East, Mumbai 400022	10	Free
10	Acharya Shri Ramesh Dialysis Centre, Andheri East, Mumbai	316 B-Wing, Dattani Plaza, near Safed Pool, Sakinaka, Andheri Kurla Road, Andheri(East), Mumbai 400072	10	Free
11	Mallika Hospital, Jogeshwari	Sharma Estate, S V Road, Jogeshwari west, Mumbai Maharashtra 400102	4	Free
12	Symbiosis University Hospital & Research Centre, Pune	Pune Dnyan Marg, Mulshi Rd, Lavale, Maharashtra 412115	8	Free
13	Swami Shraddhanand Hospital, Vasai	Near Shankaracharya Samadhi Mandir Navale, Nirmal, Vasai (W, Vasai-Virar, Maharashtra 401304	6	Free

To know more reach out to:

**Rtn. Swati Jajodia +91 9821028587 swati@spentose.com**



## NEXT WEEK:

ANUPAMA CHOPRA, FILM CRITIC, NATIONAL AWARD-WINNING AUTHOR & JOURNALIST, IN CONVERSATION WITH RTN. PRIYA TANNA

Ms. Chopra is the editor of The Hollywood Reporter India, founder of Film Companion Studios and chairperson of the Film Critics Guild. She has covered cinema since 1993 in multiple mediums – print, television and digital. She has worked with India Today, NDTV 2/7, Star World. She has also written about cinema for various international publications including The New York Times and Sight and Sound. Anupama has authored several books, including King of Bollywood - Shah Rukh Khan and the Seductive World of Indian Cinema, which was featured on the Editor's Choice list of the New York Times Sunday book review and translated into German, Indonesian and Polish. Anupama received an M.A. in journalism from Northwestern University.



Happy Birthdays

		
SEPTEMBER 3 Rtn. Mudit Jain	SEPTEMBER 4 Rtn. Anand Shah	SEPTEMBER 7 Rtn. Mudit Jatia
		
SEPTEMBER 8 Rtn. Devinder Thukral	SEPTEMBER 8 Rtn. Jamshed Vakharia	SEPTEMBER 9 Rtn. Apoorv Bajaj
		
SEPTEMBER 9 PP Paul George	SEPTEMBER 9 Rtn. Ashok Jatia	SEPTEMBER 9 Rtn. Kanta Masand

## ROTARIAN PARTNER BIRTHDAYS

SEPTEMBER 3: Rtn. Ptn. Devi Narayan	SEPTEMBER 8: Rtn. Ptn. Priti Shah
SEPTEMBER 5: Rtn. Ptn. Falguni Padode	SEPTEMBER 9: Rtn. Ptn. Shobha Jagtiani
SEPTEMBER 6: Rtn. Ptn. Roma Singhania	SEPTEMBER 9: Rtn. Ptn. Anshuman Tanna
SEPTEMBER 7: Rtn. Ptn. Percy Master	

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